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You climb at your own risk. Climbing is a dangerous activity carrying the risk of serious injury or death. If you climb, the presumption is that you are aware of and accept these risks together with responsibility for your activities and your safety.

You are the sole judge of conditions, the suitability of any chosen route, the ability of the party and you take sole responsibility for your actions.

Rock is a dynamic medium and rockfalls are frequent. In the mountains the weather changes quickly, climbs change unpredictably; blocks, flakes and holds become loose and fall off, rock becomes vegetated and dirty, in situ gear deteriorates or disappears. Even a minor change can have a dramatic effect on the difficulty or seriousness of a route. There can be no presumption that any given climb will be found in the condition described. It is therefore essential that climbers judge the seriousness or difficulty of any route before committing themselves.

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A5 pdfs can be printed 2 pages side-by-side on A4 paper

Each crag starts at the top of a new page so, to save paper and ink, you can choose which pages (Crags) to print.

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- · Lakes Sport & Slate
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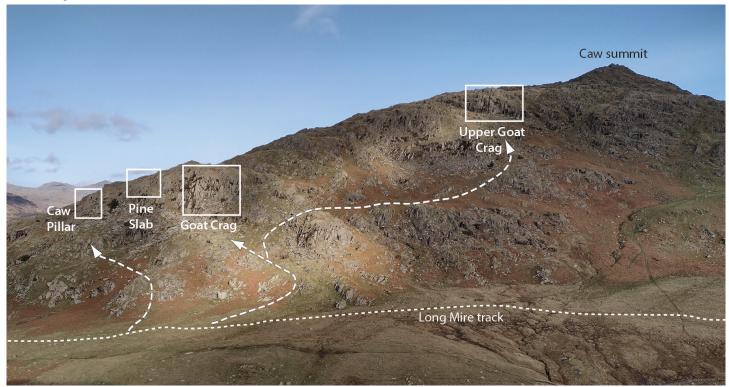
- Dow & Coppermines NEW
- Langdale
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- Eden Valley & South Lakes Limestone
- Duddon & Wrynose
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- Lake District Winter Climbs
- Scafell & Wasdale
- Eskdale in preparation expected 2024

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Caw

Caw, South-West flank, Duddon.

Drive along the minor road heading across from Broughton Mills towards the Duddon valley and park at the top of the pass above 'Hoses' - (259m). Approach :- 30 minutes. Follow the twin track weaving along the ridge in a north-easterly direction until you meet the 'Park Head Road', a bridleway from Hoses to Seathwaite. Follow this north to a high point on the track where the crags become visible, then descend a short way down the track to a stream and turn right onto the 'Long Mire' track then head off left up the hillside to the relevant crag. The obvious broken crag ahead is Goat Crag but to the left of this is a Lonesome Pine Tree; 40m left of the tree is Caw Pillar.



Caw overview

Caw Pillar

OS Ref: SD 2250 9445

Alt: 355m

(54.339723, -3.193705)

A west-facing slim slabby pillar of excellent rock with some good quality lines.

Descent

Descend to the right.



Caw Pillar



Excellent. Start from the flake at its base and boldly climb the slim rock pillar just left of the edge. Sky hooks needed. 20.06.2024 J Daly, D Geere



A minor classic. Climb the impressive V-groove without recourse to the crack on the right. 14.06.2024 J Daly, D Geere

Caw Blimey VS 4c † 10m

Starts from the same heather ledge as The Groove Cutter.

Step across to gain and climb the thin crack just right of the V-groove with some bridging onto the arête on the left 10.06.2024 S Parr

Par-Caw HS 4a 10m

Climb the vegetated central crack.

21.07.2024 S Parr

Where are all the Goats? HVS 5a 10m

Start beneath an overhang. Step in from the left and climb the slab's flakey right-hand crack.

3.07.2022 D Scott-Maxwell, A Gittins

Cawdite S 10m

Climb the crack system up the right arête.

21.11.2023 J Daly



















Pine Slab

OS Ref: **SD 2252 9441**

Alt: 370m

SW facing. Located 30m up right from the Pine tree. Short but nice pocketed rock.





Caw - Pine Slab



Could a Goat climb this? VS 4c 8m

Climb up the slab to an obvious crozzly pocket then finish to its right, avoiding the short corner. 3.07.2022 D Scott-Maxwell, A Gittins



Cruiser MS 10m

From the toe of the slab climb up to the shoulder, step up then make some moves left into a short corner to finish. 24.11.2023 J Daly

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Goat Crag OS Ref: SD 2253 9437

Alt: 345m



54.339034 -3.193095

Jagged in appearance, this crag sports many sharp arêtes and V-grooves.



Caw - Goat Crag



The Manx Missile VS 4c † 26m

Start from the lowest point of the crag. Climb a teasing V-groove to a ledge then the blunt rib above; now make a rising traverse across the wall into the corner on the right and up to gain some respite on a rounded rock ledge above on the left. Move left round the steep nose, avoiding a perched layback flake, and climb the next groove and rib above to the top.

30.06.2024 A Phizacklea, J Daly



Razor Edge MVS 4b † 25m

Start 4m right of The Manx Missile. Climb the razor-sharp arête until it is possible to step left into a corner which is followed to the base of a fine Vgroove. Climb the V-groove direct to gain the top.

30.06.2024 J Daly, A Phizacklea

Upper Goat Crag

OS Ref: **SD 2280 9442**

Alt: **465m**

(54.339292 -3.189070)

Located up and right from Goat Crag but not visible from there. Approach by following sheep tracks heading diagonally up rightwards for about 300m passing a small pine tree then cut back up the steeper fell on the left until the crag comes into view.



Caw - Upper Goat Crag



Start beneath a prominent wet streak. Climb the short wall and shallow V-groove above then finish directly up the rib above or step left to finish up a groove.

30.06.2024 J Daly, A Phizacklea

2 Caw Values MVS 4c † 18m

Start just right of <u>Caw Don Bleu</u>. Climb onto a good rock ledge where a long reach over the head wall above brings good jugs to hand. Pull over rightwards and follow the nice rib line above.

23.06.2024 A Phizacklea

3 Caw Meltdown HVS 4c 🕇 18m

Do battle to gain the prominent hanging niche from the right then struggle to exit it. Continue directly up the buttress above. 30.06.2024 A Phizacklea, J Daly

4 Hard Caw HVS 5a † 18m

Just round the corner to the right. Climb a steep powerful crack to gain a large ledge then up the easy slabs above. 30.06.2024 J Daly, A Phizacklea



Caw Canyon, (aka Hub's Crag)

OS Ref: **SD 2317 9410**

Alt: 375m

(54.336580 -3.183217)

This crag is located on Caw's south-eastern flank.

This unusual rock formation takes the form of a canyon opening out to the south. It is partly formed by two huge detached blocks and offers both pleasant slabs and seriously overhanging walls on both its inner and outer faces. Although some of the routes are short it is well worth a visit for the quality of the climbing.

Routes are described from left to right starting from inside the Canyon, beginning with the overhanging left wall.

Some of these routes were climbed as highball boulder problems above pads. Accordingly, these routes have been given Font grades. You have been warned!

Approach

There are two approach options :- 45 minutes.

- 1:- Park at the high point of the road above 'Hoses'. Follow the Caw South West flank approach then head right up the Long Mire track until 50m before 2 stone cairns. Now follow a rising track on the left, keeping left at a junction, to arrive at the shoulder of Broadslack from where Caw Canyon becomes visible down to the left.
- 2:- From the head of the Stephenson Ground road in the River Lickle valley. Shorter but an extra 100m of ascent. Park before the bridge about 0.5km beyond the Hawk car park, cross the bridge and head west up the road to the buildings of Stephenson Ground. Go through a 5 bar gate on the right and follow the footpath up behind the farm house, after 2 further gates either pick out a track through the bracken heading in the direction of Caw summit or continue along the Long Mire track and then break out right to head for the crag.



Caw Canyon Inside Face LHS

Grades









Standing start 31.08.2024 C Matheson

2 Short Wall f6B †

Standing start

31.08.2024 C Matheson

3 Crimp Wall f6B †

Standing start. Climb the wall on positive crimps.

Sept 2024 C Matheson

4 The Hubbasphere E4 6a † 9m

Climb the very steep central crack. Climbable as a highball boulder at f6C from a standing start.

24.04.2021 K Phizacklea

5 Hub's Wall f7A+ †

Standing start. Ascend the blank face on tiny edges, starting from the obvious large undercuts on the small roof.

31.08.2024 C Matheson

6 The Prayer Mat E2 5b 9m

Climb the impressively overhanging finger crack just left of an obvious chimney.

6.07.2024 J Daly, A Phizacklea, JL Holden

7 Canyon Arête f6B †

Standing start. Carefully layback up the arête to a long reach for the top. (Can be added to the end of <u>Canyon Traverse</u> to provide a longer problem).

31.08.2024 C Matheson



Caw Canyon routes 8-11

8 Canyon Left f6C+ †

Standing start. A tough move to gain the flake/layaways above the half-height break. No bridging. 31.08.2024 C Matheson

9 Canyon Right f6C+ †

Standing start. Another problem with a long reach for the top. No bridging. 31.08.2024 C Matheson

10 An Abridged Version VS 4c † 9m

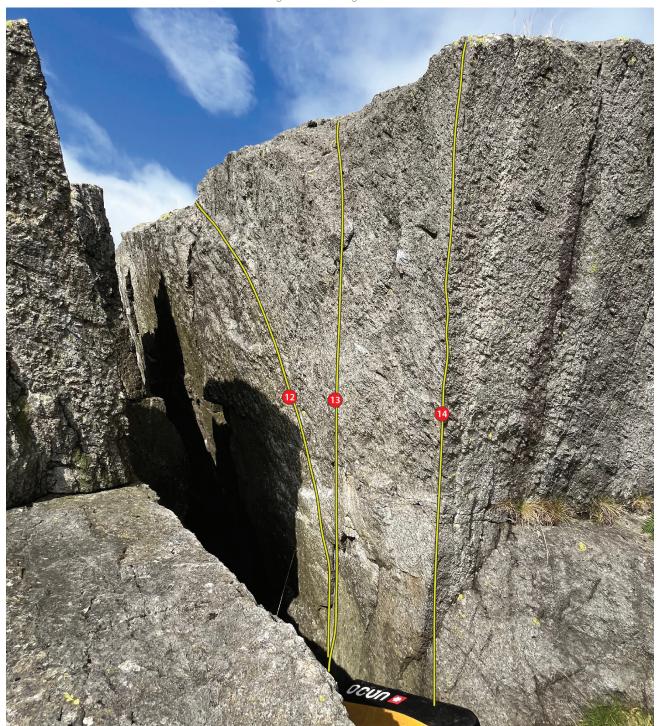
The inner sanctum of the Canyon narrows into a deep fissure; this route climbs the steep left wall of the fissure halfway along looking in from the south. Bridging essential.

Summer 2011 JL Holden, A Towse

11 Canyon Traverse f6B 🕇

Standing start. From the cleft at the back of the canyon, traverse leftwards across a series of obvious layaways, dropping low after about 3 metres and always keeping below the half-height break.

31.08.2024 C Matheson



Caw Canyon routes 12-14

12 Yardstick f7A †

Sitting start. From the crimp rail make some long pulls on positive holds to the top. $\tt 31.08.2024\ C\ Matheson$

13 Broomstick f7A †

Sitting start. From the crimp rail, climb the hairline crack with some help from a few crimps on the face for the right hand. 31.08.2024 C Matheson

14 Slapstick f7A †

Sitting start. From a sidehold on the right side of the arête, make a very long span to the obvious sidehold/flake on the left arête. 31.08.2024 C Matheson

The next 3 routes are on the south-facing slab which finishes on an isolated rock pinnacle. Escape is facilitated by stepping across the fissure.



Caw Canyon Inside Face

15 Seven Hills of Rusland E2 5c 7m

Delicately climb the left side of the excellent slab following a vague crackline.

24.04.2021 K Phizacklea, D Geere

Five Cattle Grids of Birkrigg E3 6a 🕇 7m

Takes a bold line up the slab just right of <u>Seven Hills of Rusland</u>. Unprotected. Climbable as a boulder at f6B from a standing start. 24.04.2021 K Phizacklea, D Geere

1 Inner Chimney S 7m

Start up the open chimney on the right then finish up the pleasant slab on the left, a good spike behind you at the top. 6.07.2024 A Phizacklea, JL Holden

The next 3 routes are on the easy-angled west-facing slab. As this is another isolated pinnacle, the best descent is to down climb *The Chute*; a back rope can be looped round two small rock spikes as marked on the Topo. Alternatively, with a long rope, your partner could lower you down the opposite face

18 Man the Guns MVS 4b 7m

Climb the off-width crack and slim pillar on its left.

6.07.2024 J Daly, JL Holden, A Phizacklea

19 Broadside HS 4a 🕇 7m

Boldly climb the centre of the slab to finish at a leaning corner.

6.07.2024 J Daly, JL Holden, A Phizacklea

20 The Chute VD 6m

Best used as an access/descent option from the pinnacle.

Climb diagonally up right using 2 triangular pockets to gain the right-hand shoulder.

Scaramanga E1 5a † 7m

Climb the steep south-facing prow passing two prominent rock scars.

28.07.2024 J Daly, A Phizacklea

The east-facing outside face sports some seriously steep routes.

*



Caw Canyon Outside Face



The Solex Agitator f7B 🕇



Standing start. Climb the groove in the arête via a slappy sequence. Heels and knees may help. 31.08.2024 C Matheson





Miss Goodnight f7B+ †



Standing start. Start as for Solex Agitator, but move right onto the large undercut on the arête. A hard sequence lies above using a left-hand crimp (left of the arête) and the unhelpful crack for the right hand.

31.08.2024 C Matheson



Last of the Fougers E3 5c † 10m



Pull up onto a sloping weakness then boldly climb the shallow groove above just left of the arête. 24.04.2021 K Phizacklea, D Geere



Who Fired that Cannon VS 4c 10m



All budding Powder Monkeys should charge up this fine flake edge. Mind your cannon balls though! 24.04.2021 K Phizacklea, D Geere



Outside Chimney HVS 5a 11m



Start just right of Who Fired that Cannon. Battle your way up the outside of the tight chimney until it is possible to pull into it above a restriction. Climb the upper chimney pulling out left onto the slab of Inner Chimney to finish. Good spike behind you. Skyhook useful. 28.07.2024 A Phizacklea, J Daly



Hub's Crack f7A+ †



Standing start. Climb the left-hand crack if you are brave enough! Big pulls, big air and the odd tiny crimp. 31.08.2024 C Matheson



Walnut f6C+ 🕇



Standing start. From the top of the block, pull onto the face and climb the wall and crack above. Note: The landing may not be to everyone's taste.

Sept 2024 C Matheson



The Bee's Nest f7A+ †

Standing start. Tricky moves low down.

31.08.2024 C Matheson

Hideaway Crag OS Ref: SD 2315 9412

Alt: 395m







Caw - Hideaway Crag



An eliminate that boldly climbs the left edge of the pillar on small pockets without side runners. Skyhook useful. 28.07.2024 J Daly, A Phizacklea

The Sorcerer VS 4c 9m

Climb the fine vertical finger crack. 17.07.2024 J Daly

There's only one HS 4a 9m

Climb the diagonal crack and its right wall to a spike; continue up the cracked wall above the ramp. 17.07.2024 J Daly

Alfie S 4a 10m

Start just right of *There's only one* and climb the steep rib direct with pleasant slabs above. 17.07.2024 J Daly

Zack VD † 13m

Climb the short right-facing corner then head easily up left to climb a short slim V-corner/groove.

Lee S 4a † 13m

From some blocks, climb the arête direct to gain a slab above; up the centre of this then follow the rib heading up left. 17.07.2024 J Daly

Tail Crag OS Ref: SD 2346 9408

Alt: 385m

A south-facing crag located about 250m east of Caw Canyon at a similar level.





Caw - Tail Crag

Wagging the dog VS 4b † 12m

Climb the prominent corner at the left side of the crag with an awkward move above to gain and finish up a left-trending groove. 28.07.2024 A Phizacklea, J Daly

Tramlines E1 5c † 12m

Technical climbing up the obvious diagonal twin cracks with welcome assistance from a flake edge on the right at mid-height to an awkward finish. 28.07.2024 A Phizacklea, J Daly

Hublet

A bouldering area developed by Craig Matheson in 2024 lying 150m SW of $\,$ Caw Canyon. 54.33478 N $\,$ 3.18616 W

Grades 11

Approach

The crag is visible from the main crag and about 50m off the main access path. When approaching from the Duddon side (Hoses), you simply turn right as soon as Caw Canyon comes into view and walk downhill for 50m. If approaching from Stephenson's Ground, you can see the crag just beyond and downhill of Caw Canyon.



Caw - Hublet LHS

- 1 Left Arête f5+ †
- 2 Flake Wall f5 †
- 3 Big Flake f6A 🕇
- 4 Dirty Scoop f6A †
- 5 Short Crack f5+ †
- 6 Great Arête f5+ 🕇



Caw - Hublet RHS

- 7 Hubardian Magic f8A *
- 8 Creaky Scoop f6B †
- Olassy Scoop f6B †
- 10 Flaky Scoop f6A 🕇
- 11 Shallow Scoop f6B †
- 12 Right Arête f5 🕇