

WARNING

You climb at your own risk. Climbing is a dangerous activity carrying the risk of serious injury or death. If you climb, the presumption is that you are aware of and accept these risks together with responsibility for your activities and your safety. You are the sole judge of conditions, the suitability of any chosen route, the ability of the party and you take sole responsibility for your actions. Rock is a dynamic medium and rockfalls are frequent. In the mountains the weather changes quickly, climbs change unpredictably; blocks, flakes and holds become loose and fall off, rock becomes vegetated and dirty, in situ gear deteriorates or disappears. Even a minor change can have a dramatic effect on the difficulty or seriousness of a route. There can be no presumption that any given climb will be found in the condition described. It is therefore essential that climbers judge the seriousness or difficulty of any route before committing themselves.

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FRCC GUIDES

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- 1. click on the link https://www.frcc.co.uk/mini-guide-downloads/
- 2. scroll through the menu
- 3. select the pdf you want by clicking the link
- 4. a new window opens with the contents of the pdf
- 5. on your computer select Print or Export and print or save the pdf
- 6. on your smartphone or tablet choose send and choose a destination

Printing

A5 pdfs can be printed 2 pages side-by-side on A4 paper.

Each crag starts at the top of a new page so, to save paper and ink, you can choose which pages (Crags) to print.

To keep you informed and updated we are publishing crag and mini-guides to the area. Our pdfs are constantly updated to provide accurate and up to date information about new developments in the Lakes. All of this information is collated by volunteers from the FRCC Guidebook Team. These downloads supplement our comprehensive and selected guidebooks:

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Browside

OS Ref: **SD 239 988**

Alt: 230m

A small slab of rock above Browside Farm and easily identifiable by a telegraph pole at its foot. This mini-guide updates page 157 of the FRCC guidebook to Duddon&Wrynose.

Approach

Park at the cattle grid south of Troutal and follow the track to Browside Farm then head northwards up the fell side.

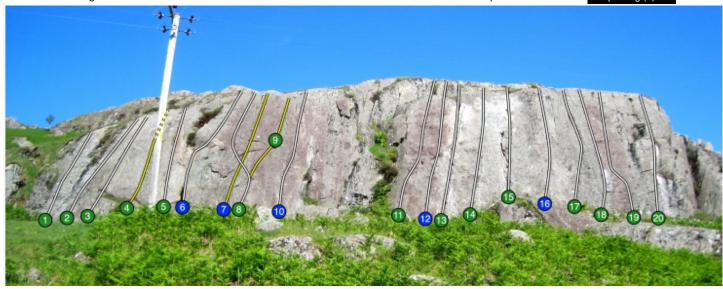


Grades









Browside update





Inside Out S † New 9m

The concave slab at the left end of the crag.

1.04.2022 M Scrowston, P Bennett



Outside S † New 9m

Somewhat squeezed in - starting just right of Outside In and climbing just right of vegetated area (untill this is removed !!)

7.06.2022 PC Bennett & D Baker



High Tension S T New 9m

Start 1.5m to the right of Outside In. Climb to the left side of a ledge to follow flakes & cracks to the top.

7.06.2022 PC Bennett & D Baker



Stress Free HS T New 9m

Start half a metre to the right of *High Tension* and climb to the right side of the ledge to a series of flakes and cracks which are followed to an alcove at the top.

7.06.2022 PC Bennett & D Baker



Left Over VD † New 9m

The left arete of the corner of Brace Wire is climbed to a left-slanting groove, up this to the top.

15.06.2022 Paul C Bennett, Dick Baker



Brace Wire VS 4b † New 9m

Start on the left of the wall containing *Buried*. Bridge up the clean lower part of the corner to a ledge on the right. Move up on small holds to gain quartz holds leading to the top, just left of *Buried*.

28.05.2022 Paul C Bennett, Dick Baker



In Sulator VS 4b † New 9m

Start just left of *Buried* and with the assistance of a horizontal niche and smears gain the mid-height ledge to follow the thin crack between *Buried* and *Control*.

28.05.2022 Paul C Bennett



Buried HS 9m

The left-hand of two cracks.

August 2004 M & J Lynch



Control HS 9m

The right-hand crack.

August 2004 M & J Lynch



Pole Dancer VS † New 9m

Slab directly behind the telegraph pole.

1.04.2022 M Scrowston, P Bennett



Transformer VS 5a † New 9m

The slab 3 metres right of <u>Pole Dancer</u>. We did 3 starts, the right-hand gives the best climbing with protection in the pod/crack at 3 m. The LH is 4c but a foot on the grass to place a cam on the left spoils it. The central start is 5b but harder to reach any gear placements.

22.09.2024 T Rogers R Graham



Hate this Moment ? S 9m

After a tricky first move follow the rib to a block belay.

August 2004 M & J Lynch



Polyclorinated Biphenyl VS 4b † New 9m

This route is squeezed between *Hate This Moment* and *Stand Alone* and ascends the clean slab on nubbings and smears. Best climbed wearing blinkers!

15.06.2022 Paul C Bennett



Stand Alone VD † New 9m

Left one of the three cracks.

1.04.2022 P Bennett, M Scrowston



Under Stand S T New 9m

The thin crack.

1.04.2022 P Bennett, M Scrowston



Still Standing VD † New 9m

the right-hand crack.

.1.04.2022 P Bennett, M Scrowston



Moment in Time VS † New 9m

Slab right of cracks MS PB

1.04.2022 M Scrowston, P Bennett



Forgive and Forget \$ 9m

The wide crack on the right-hand side of the buttress to a metal stake.

August 2004 M & J Lynch



Last Stand HS † New 9m

The protection less slab left of the small quart shield.

1.04.2022 P Bennett, M Scrowston



Stand Strong VD 9m

The crack to the right of the wide crack.

August 2004 M & J Lynch



Can U See? M 9m

The blocky arête.

August 2004 M & J Lynch

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